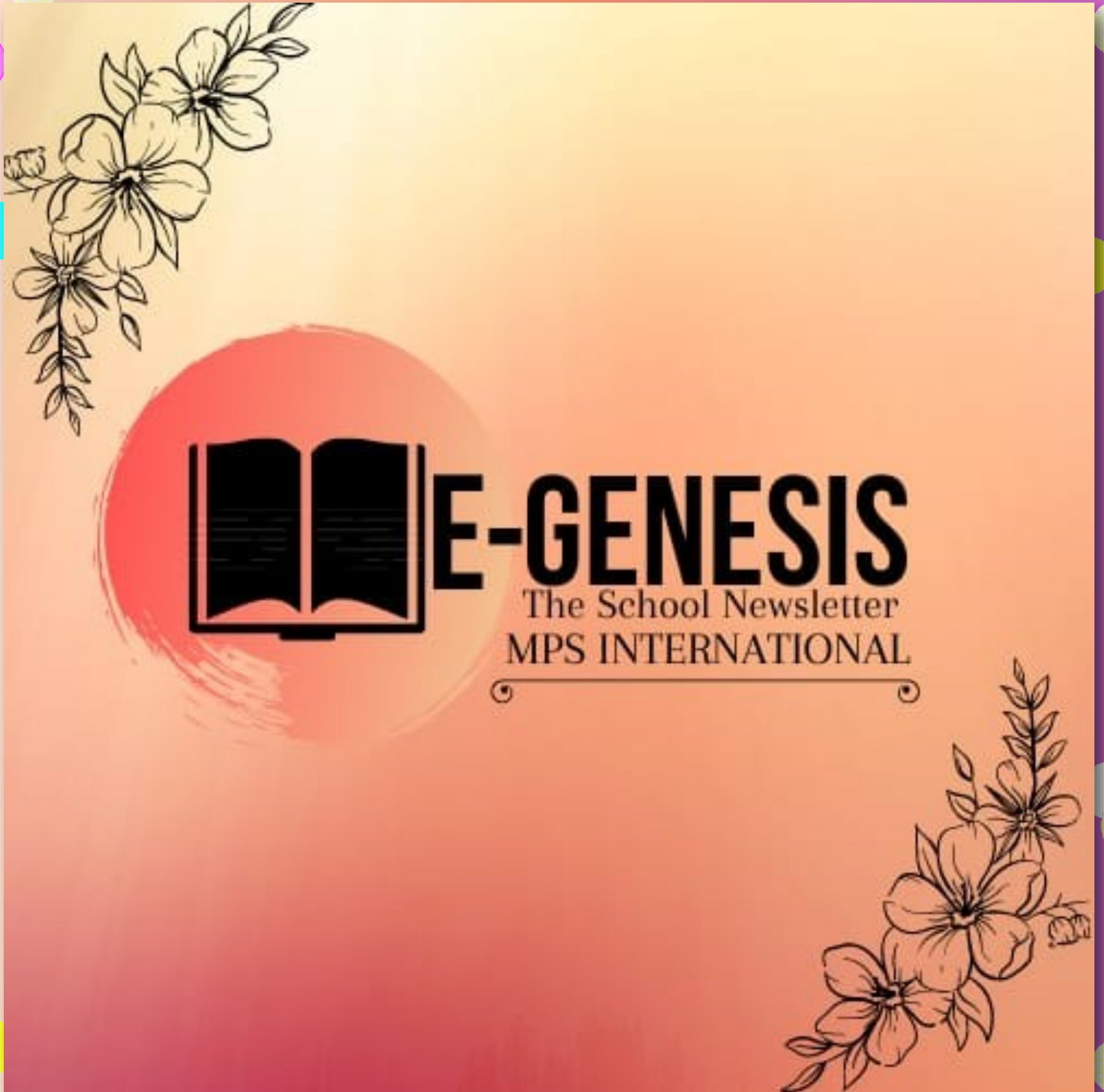




# E-GENESIS

THE SCHOOL NEWSLETTER

January 2021



## The Editorial Team

Ms. Deepshikha Ghai, Giyana Gethani, Dheeraj Sharma, Vedant Khunteta,  
Bushra Khan



# From the Desk Of...

## Honorary Secretary



### Secrets to Success in 2021

Success may mean different things to different people. Everyone wants to be successful in life, but not many are aware of what success is. In a true sense, a successful person is one who manages life's challenges with a smile. Isn't this exactly what the bygone year taught us !!!! Despite the lock-downs, social distancing, and uncertainties !!!!

Having a big bank balance and no sleep is not success. You may have lots of money but could have diabetes, high blood pressure, and many other health problems. That is not success !!!!99

To me, success is measured by your smile. How much of your life is filled with smiles and how much do you contribute to others? How much courage and confidence do you have in your own ability?

As we gear up for 2021, here are nine success mantras to help you find true success.

#### #1 Power of Intention

The success of any endeavor depends on the action and the strength of the action depends on the power of intention behind it. The intention gains strength when one drops the feverishness for the result of the action. Give your 100 percent and let go.

#### #2 Spirituality for Success

Spirituality helps you achieve goals in material life. If you find success, it keeps you centered. If not, it gives you the strength to move on.

#### #3 Mindful Action

Usually, we hurry the mind but we're slow in our action. The right formula for success is patience in the mind and dynamism in action.

#### #4 Right Attitude to Work

The best way of functioning is to work silently and achieve surely. Success is achieved not by making big noise but by the sincerity of purpose.

#### #5 Taking the Plunge

Your ability to take risks is directly proportional to your success. Staying in your comfort zone is a sign of aging.

#### #6 Recognizing the Greater Power

All those who take pride in their success don't know that there is an unseen force that bestows it and makes you feel you own it.

#### #7 Accepting Failures & Moving Forward

A rigid attitude and a mismatch between thought and action are reasons for failure. Yet, know that every failure is a step towards success. Success is a measure of a part of your ability. You have expressed a little bit of your potential and that is a success.

Nirmal Dargar

Secretary (MPS International)



# From the Desk Of...

## Respected Principal



### *The Wow Factor in Life*

*The fear of the unknown is a very common human tendency. Most people are constantly engaged in making sure that their world plays out just like how their mind would imagine. However, the reality is that there is no possibility for growth without embracing the unknown.*

*When we shut off the mystery or awe factor in life, we not only curtail growth, but also unknowingly make life mechanical. Just like there is no fun in watching a game whose result is already known, life will also be very boring and mechanical if everything were to be predestined.*

*Life is a combination of what is certain and what is unknown. Though they appear to be opposite, life is incomplete if either of them is missing. Within the sphere of limited perception there is a part in us that is certain about some things. There is another part that is always probing into the unknown, triggering wonderment about many mysteries.*

*The wise are the ones who acquire the skills to face and handle uncertainty. The wise see uncertainty with a sense of wonderment. Wonderment is the beginning of new knowledge. \*The attitude of 'I know' makes one closed and limited. 'I don't know' makes way for new possibilities. \**

*\*It is beautifully said in the Upanishads, "One who says, I don't know, knows it, and the one who says, I know, doesn't know!" \**

*A focused and calm mind brings up innocence and non-judgmental state which is the beginning point of any knowledge. That's why regular meditation is vital for creating a clean slate of knowing! When we begin to ask lots of questions without judgment, unknown facets of life start unfolding.*

*A sense of astonishment brings wakefulness, and when we are awakened, we see that the whole creation is full of wonders. If one doesn't get awed by the magnificence of this creation, his or her eyes are yet to open. In an awakened state, when the eyes close with a sense of awe, that is meditation!*

*Archana Singh*

*Principal (MPS International)*

# From the Desk Of...

## Respected Vice Principal

### *It's All In The Mind*



The mind is not even part of the sense organs but its function cannot be overlooked. The mind makes decisions that the entire body follows. It is the decision seat that guides other sense organs.

The mind has eyes; it can see farther than the natural eyes. The mind has a mouth; it can feed, it grows by what it eats (good or bad). The mind has ears; it listens and it builds by it. The mind has legs and hands; it can either take you far or keep you in one place. It takes you by its hand and walks you to your destiny. The mind has the capability to control the entire senses. The mind has the ability to control your destiny.

A shallow mind sees close while a deep mind sees beyond its standing point. A man's strength is determined by his mind strength. A man with a malnourished mind is a man whose life won't flourish.

Until you see it with your mind, you can't see it in your life. Until you succeed in your mind, there's no way you can succeed in your life. Success starts from the mind. Until your mind moves, the entire body remains still. Until you have peace in your mind, there's no way you can live in peace.

Build your mind not to see obstacles but stepping-stones. Build your mind to see beyond where you are. Build your mind to fathom the promises of God over your life. Build your mind to forgive and love easily.

What your mind can't carry, your hands can't carry. Where your mind can't go, your legs can't even dare. Make up your mind not to give up, no matter the storm. Make up your mind not to feel depressed by circumstances. Make up your mind to succeed even if no one succeeded !!!!

Manju Sharma

Vice Principal (MPS International)



# The School News

## New Year Greetings

School Secretary Shri Nirmal Ji Dargar and Principal Mrs. Archana Singh Ji wished a Happy New Year to the school family, students, and their parents. On this occasion, the school Parliament wished and thanked all the teachers for their guidance, efforts and blessings at 12:00 am through personalized greetings card.



## Lohri Puja

Principal Mrs. Archana Singh, Vice Principal Mrs. Manju Sharma and Mrs. Sonia Batra did a Lohri Poojan. Teachers celebrated the occasion by singing the melodious song "De Mai Lodri Jeeve Teri Jodi".





# The School News

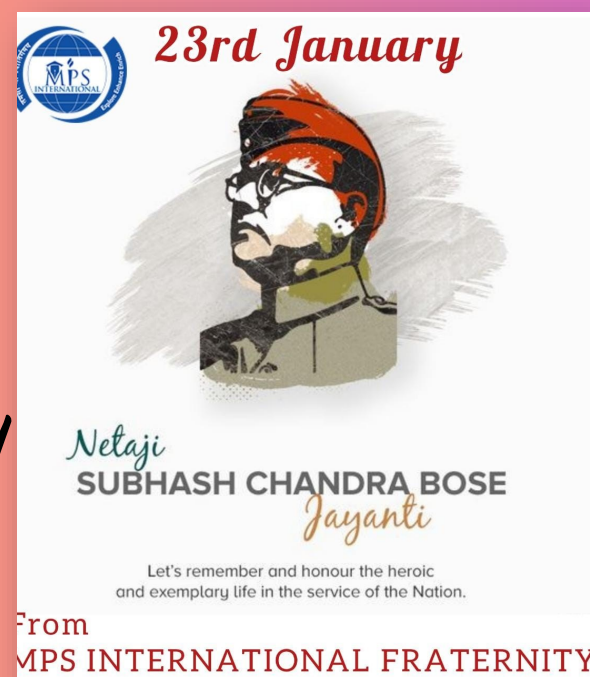
## Makar Sankranti

On the occasion of Makar Sankranti, kite flying was organized in the school. All the teachers participated with full enthusiasm in it. Vice Principal Mrs. Manju Sharma enjoyed kite flying while raising the enthusiasm of the teachers. Along with wishing our students, Principal Mrs. Archana Singh gave the message of not using Chinese manjha and taking care of bird safety.



## Netaji Subhash Chandra Bose

Azad Hind Fauj's creator and freedom fighter Netaji Subhash Chandra Bose's birth anniversary was celebrated with great pomp. On this occasion, activities for students like essay writing, poster making, PPT making, and poetry reading were organized. The life of Subhash Chandra Bose and his contribution to the freedom struggle was shared with the students through video.





# The School News

## Parent-Teacher Meeting

To enhance the quality of education and level of education in the students, PTM was organized for students of classes 9 to 12 in the school from January 12 to January 16. All the rules and regulations regarding COVID - 19 like social distancing, use of sanitizer, use of mask was followed by the teachers and the parents, and they discussed the progress of students.



## Martyrs Day

On this day a 2-minute silence was kept in memory of Mahatma Gandhi. The students were told the importance of this day and the message of bringing the ideal truth and non-violence of Mahatma Gandhi to life.





# The School News

## Republic Day

On the occasion of Republic Day, flag hoisting was done by the Chief Guest of the program Mr. Dwarkadhish Ji Maheshwari, Mr. Chandrashekhar Ji Malpani, ECMS Vice President Mr. Ramesh G. Somani, School Secretary Mr. Nirmal Ji Dargar and Bhavan Minister Bhawani Shankar Ji Baheti. The national flag was saluted with the patriotic and melodious tune of the band. On this occasion, the music department gave a beautiful presentation of some of the patriotic songs like 'Har Kadam Apna Karenges', 'Sabse Aage Honge Hindustani' and 'Ae Mere Watan Ke Logon'. On this occasion, members of the managing committee of the school Mr. Atul ji Lohia, Mr. Mohit ji Soni, Mrs. Shashi Vijay Lakhotia and parent representative Mr. R.K. Taylor were present.



## Second place in debate competition

An inter-school debate competition was organized by Gyan Vihar School in which student of class XI, Divya Kabra secured 2nd position.

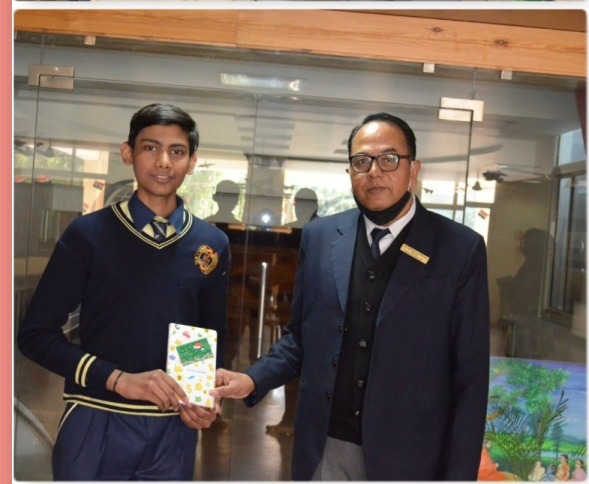




# The School News

## Award received in Poster Making

MGPS organized inter-school Expression competition in which student of class X, Vaibhav Chabra secured 2nd position in poster making and student of class XII, Ramya Bhola secured 1st position in live painting. Principal Ms. Archana Singh congratulated and wished them for a successful future.



## Received award in photography contest

Pearl academy organized a contest named 'Shutterscope' photography and the theme of the contest was 'Indian Heritage'. 700 students all over India participated in the contest and a student of class XII, Dheeraj Sharma secured 3rd position and won a cash prize of 5000 Rs.





# Joyful Juniors!

## Self-love

We all never stop appreciating what others do for us, but have we ever even thought about what we have achieved or what we have done for ourselves and others. The answer is probably NO, so why not we start from now? We should not forget about appreciating others, but we also should not forget to appreciate ourselves, it is called self-love/ appreciation. From now on we should appreciate everything we have done for others and give ourselves a pat on the back or just a treat and do not forget to love yourself more than you love anyone or anything else. We should take a day off from our work and take care of ourselves like, have a fancy meal, get a nice and calming head wash at a salon and have a nice beauty sleep, it is called self-care. Do all these things to keep showing appreciation and love to yourself. And most important, STAY HOME so that you keep away from the virus and stay safe cause everyone should be safe.

Twisha Jethani

V - G

Almost  
everything will work  
again if you  
unplug it for a  
few minutes  
including you

MAHI MAHESHWARI  
IV A

Mahi Maheshwari  
IV - A

## THE NEW NORMAL

Spring of 2020  
Life changed forever  
Wearing masks  
Washing hands  
Social distancing  
is a new normal

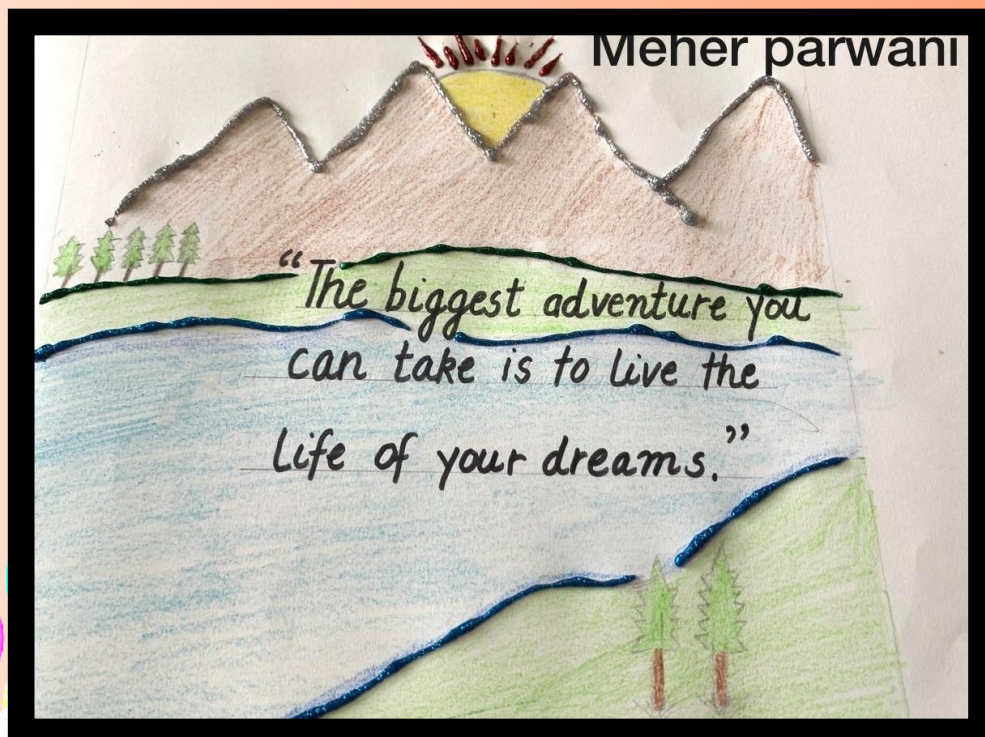
The way we study  
The way we work  
The way we shop  
The way we socialise  
has changed a lot

A new normal  
A renewed respect for Mother Earth  
A new respect for Corona Warriors  
A new respect for each other  
A new hope of love, equality and care

One United prayer  
A better world  
A new normal

ARADHYAA SANGAL  
II<sup>nd</sup> D

Aradhya Sangal  
II - D



Meher Parwani  
I - E



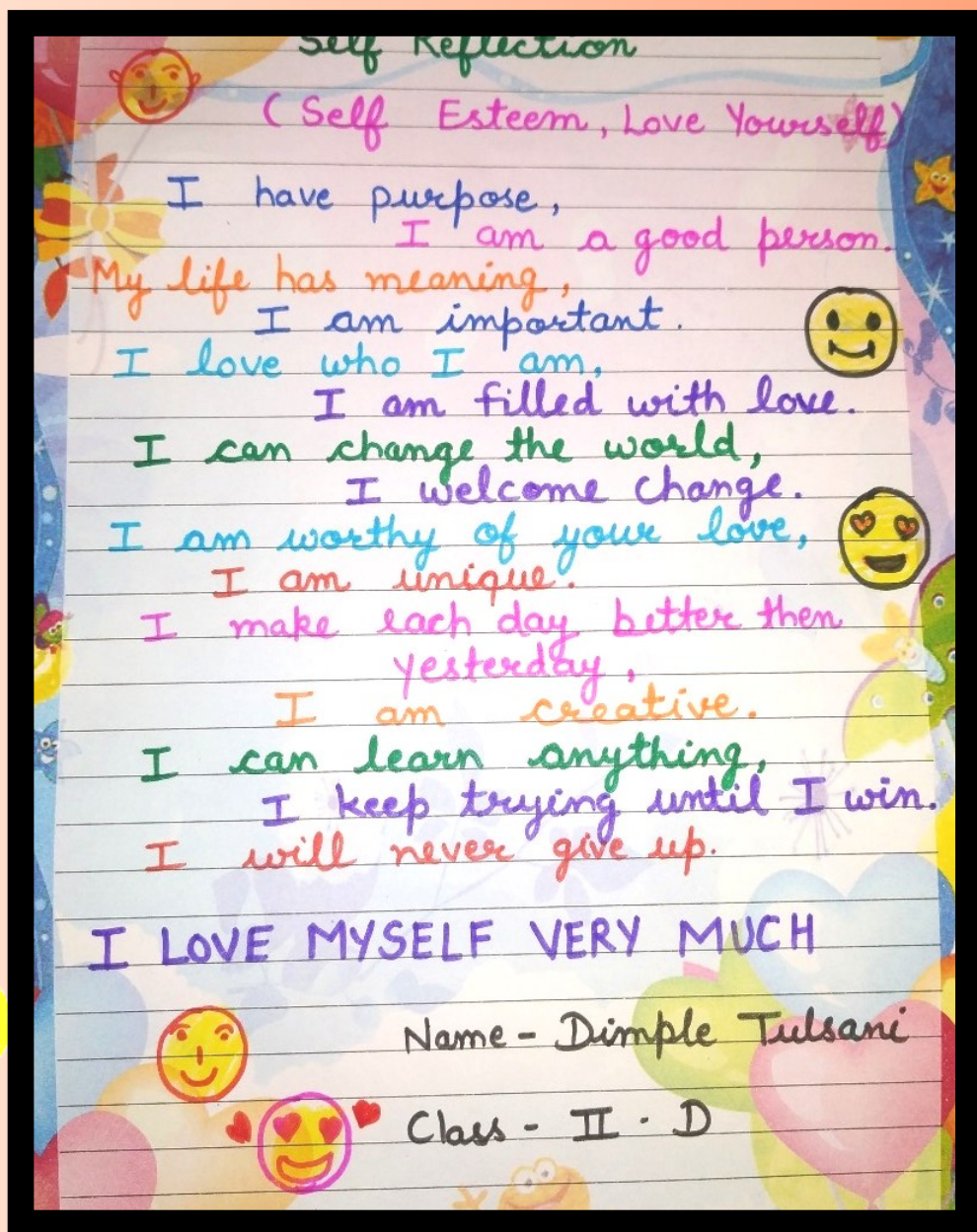
# Joyful Juniors!



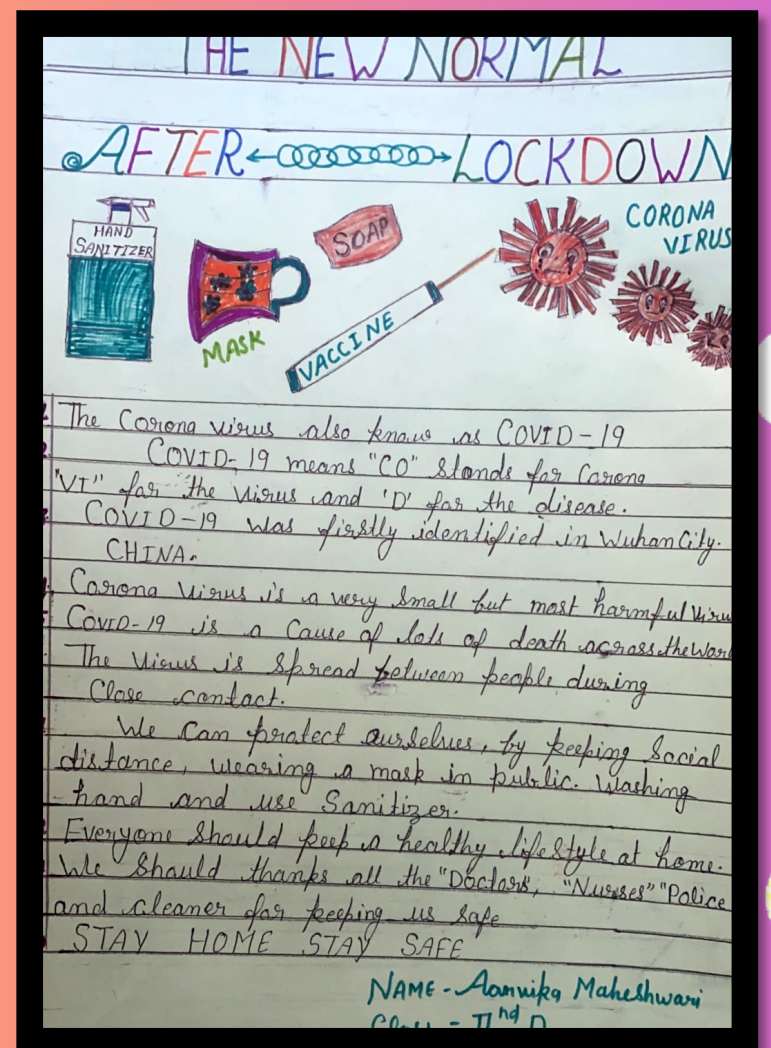
Samanvi Agarwal  
III - A



Vihaan Sethia  
I - B



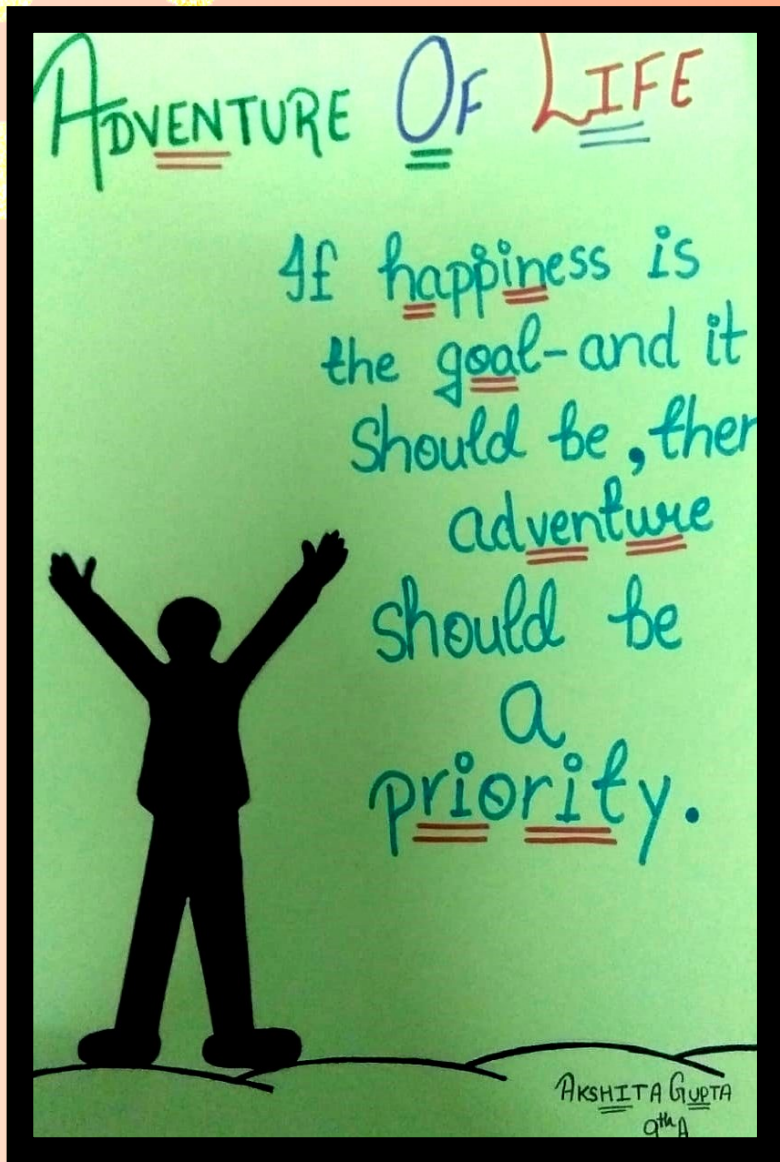
Dimple Tulsani  
II - D



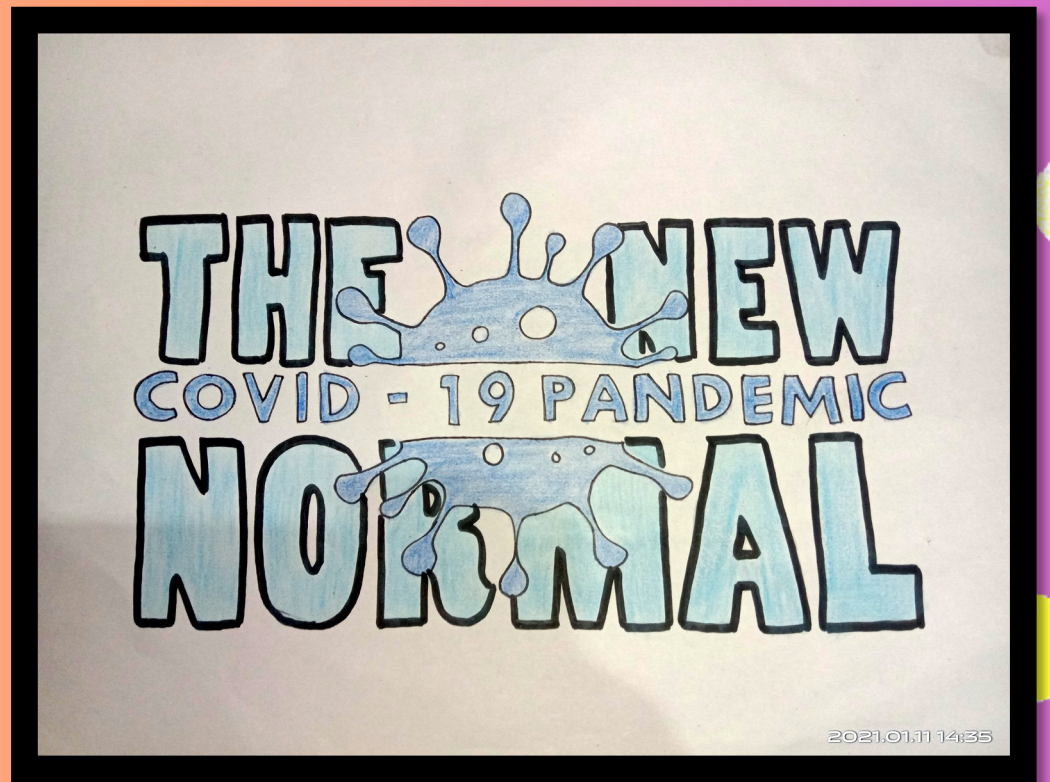
Aarvika Maheshwari  
II - D



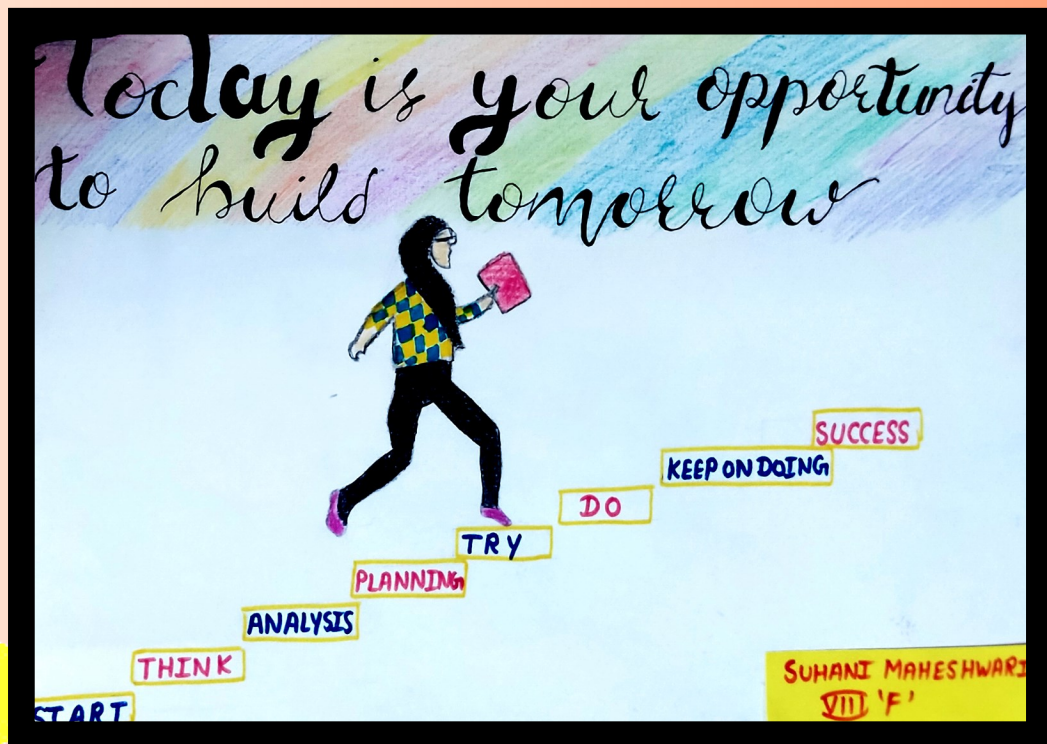
# Stupendous Seniors!



Akshita Gupta  
IX - A



Dhananjay Pareek  
X - E



Akshita Gupta  
IX - A

"Love is not something you find in a person or a thing. It comes from you, within you. It's not related to the word want, but it works on the principle of giving happiness. It is the most powerful thing. It can help you achieve heights you never thought of, Dreams which you never lived. A person who truly loves a person or thing is intelligent. One who loves everything is Buddha."

Tanishq Daiya



### A Precious Gift

Life is a road .....walk through it,

Life is a gift .....accept it,

Life is an adventure.....dare it,

Life is a mystery .....unfold it,

Life is a game .....play it,

Life is a struggle .....face it,

Life is a beauty .....praise it,

Life is a puzzle .....solve it,

Life is an opportunity.....take it,

Life is a window .....see through it,

Life is a war.....fight it,

Life is a dream..... live it,

Life is a mission.....fulfill it.

Shlok Rathi

VII - D

### Adventure of Life

What is adventure?

An experience or event that us very exciting and dangerous.

Why we need adventure in life?

Life itself is an adventure, it gives a lot of thrill to those who seek an adventure kick. Some people love adventure and some people are afraid of it.

Today there are so many things for experiencing adventure like.... Zorbing, Motor Sports Park, Swimming, Rifle Shooting, Bike ride, etc.

Today's youth takes a lot of interest to do adventure, people are bored with regular activities and the same work and they are getting frustrated, depressed and just to freshen-up they get involved in adventurous things.

These are the things for enjoyment and they help us to get out from our monotonous routine and they teach us not to be afraid and live a life full of enthusiasm.

Gurusha Sharma

VII - D

### SELF REFLECTION

Knowing your own Darkness is the best method for dealing with darkness of other people.

Self Reflection is a means to observe and analyze oneself in order to grow as a person. Many people champion like athletes, business people and spiritual teachers all cite self-reflection as an essential key to success.

Simply, it is about taking time to think about, meditate on, evaluate and give serious thought to your behavior, thoughts and desires. Without self-reflection, we simply go through life without thinking, moving from one thing to next without making time to evaluate whether things are actually going well. We don't pause to think, to analyze, and to determine what is going well and what is not working. The unfortunate result is that we often get stuck.

Benefits of Self Reflection

It helps you respond more effectively.

It promotes learning and understanding.

“The way blue ocean is reflection of sky, your actions are reflection of you thoughts”

Saumya Sharma

IX - F



### ADVENTURE OF LIFE (LEAF)

The growing leaf tells me the story of infancy,  
That how much I was innocent in my young days,  
Like small buds are free to grow in bright sun-  
shine,  
I was also free to move in any direction, in any  
way,  
I tried to capture that moment in my small hands,  
But that period of my life's duration quickly sails  
away.

The waving leaf tells me the story of my child-  
hood,  
That how in my childhood, I used to wave in infi-  
nite sky,  
Some leaves left the tree to explore the universe,  
Similarly, I had a wish inside me, to break chains  
and fly,  
Now, I am asking for that golden period again,  
But time never returns, don't know why?

The green colored leaf tells me the story of my  
adulthood,  
That how I had many responsibilities on my  
shoulder,  
Green leaves feed the whole tree by doing many  
efforts,  
In the same way, I used to feed my family, as I  
turned older,  
But as their hard work, made the leaf greener,  
Similarly, this toil turned me stronger and bolder.

The dwindling leaf tells me the story of parentage,  
That how I lost my identity in adorning the young  
ones,  
The parent leaf shrank and turned pale yellow,  
And give its color to its next generation,  
That's how I, as a parent, prettify them in teen-  
age,  
By giving them warmth, while burning my skin in  
sun.

The freely falling leaf tells me the story of death,  
That everything and everyone on this Earth, has  
an end,  
The leaf was shining in dark green color, few mo-  
ments back  
But now it has fallen lifeless, in a general trend,  
This taught me that nothing is permanent in the  
life,  
Neither your existence nor mine, my dear friend.

Gunjit Jain  
XI - B

### ADVENTURE OF LIFE

Life in itself is remarkably adventurous. It of-  
fers a lot of adventure to those who seek  
thrills. We find a lot of adventurous activities  
that really offers excitement and sensations in  
the life. Adventures don't only mean to take a  
risk in doing such activities like scuba-diving,  
biking, river rafting, mountain climbing or  
something else. Some say 'Life is a daring ad-  
venture towards an unknown future. Its beauty  
depends on how much you enjoy the journey.'  
Yes, it is...You never know what will happen in  
few minutes and so. Adventure is totally differs  
from an ordinary and normal life. Every day we  
wake up, with dreams still so fresh in our minds  
and get ready for the adventurous journey eve-  
ryday keeps for us. We prepare to face our pre-  
dicted assumptions of events during our day,  
but when something extra ordinary, unexpected  
happens, it leaves behind a memory which  
stays in our mind for a never ending period of  
time. But sometimes life is not easy as well.  
But, never ever lose hope. Even when you don't  
know the appropriate way to your goal, just lis-  
ten to your heart and whatever be the outcome,  
it will only for your welfare. Some people lose all  
their courage, hopes and determination and  
what then? As we know, they commit suicide.  
Some who faces all the challenges with hope  
and happiness always wins in their life. We all  
have something to walk upon. It may be a  
rough and rocky road but in this time of our life,  
we begin to see our own capabilities. The capa-  
bilities that we never thought we had. In each  
day we live, it is certain that we never know  
what's going to happen. Through it all, we yearn  
for the best in life. It could be tough and devas-  
tating knowing that you can't have that happi-  
ness easily. So, always be jubilant and have  
confidence in yourself. Be what you are and se-  
riously when you will reveal your own identity  
you will be on cloud nine. No matters what the  
society say, take it as a positive sign and al-  
ways live in yourself. In life, confidence should  
be there. Confidence- on yourself, but, don't ev-  
er live in over confidence as it can destroy all  
your happiness. Life is short, so, let's live it with  
happiness and you will definitely find success  
or your goal.

Diwakar Khandelwal  
XI - C



# Teacher's Corner

## MY EXPERIENCE OF INTEGRATED BOOKS

It was a stupendous moment when I was selected as a team member of English for the Integrated Books for Class- 1. It had its own assets and liabilities. While working with these Integrated Books, I felt that the research work was never-ending. Many times, the content got rejected and I had to re-create a new one with innovative ideas. At the same time, I had to keep in mind, the understanding level of the students, the syllabus prescribed by CBSE and the teaching aids needed with this art integration. Instead of the simple 'Who', 'What' and 'Where' questions; these books deal with the 'Why' part to develop the cognitive skills of the child. The austerity faced during this time was brought to an end by the motivational words of our team leaders and while working as a team I mastered various skills of synergy and assistance. In the process of designing this book, I have incorporated art integrated activities for all the subjects. To reduce the escalating burden of the students, the entire academic syllabus has been divided in just eight books making it more elementary, more fascinating and more interesting.

MANORAMA MOOKIM  
ENGLISH TEACHER



## MY EXPERIENCE ON VIRTUAL TEACHING

The Covid-19 pandemic came like a tsunami and turned everything topsy-turvy. Even the education system did not remain untouched. All the schools and education institutes were shut down looking at the need of the hour.

In a flash, we moved from real to virtual world. Technology was the only solution for reaching to our students. The biggest challenge was to learn and adopt this new style of teaching.

We were trained by the school to conduct online classes effectively but still the fear was always there at back of the mind. I still remember the night before my first online class. It was a sleepless night as many things were popping up together in my mind- What if I am unable to connect with my students? What if the students are not able to understand my lesson? Everything seemed nebulous. Being a Science teacher, I was skeptical of teaching a practical subject online. However, by the support of technical team, the class was conducted smoothly.

Gradually technology and I became friends. Here I would like to give special thanks to all my students who are very cooperative and patient. They inspired me and boosted my confidence. Soon online experiments, PPTs, videos became an indispensable part of my classes.

Virtual teaching is an out of an ordinary experience for me. It evolved me in a positive way.

ARCHANA BIYANI  
SCIENCE TEACHER





# Teacher's Corner

## MY EXPERIENCE AS A DSA

Being a DSA, this year was full of learning (challenging) due to covid-19 because an online teacher needs to play the role of guiding students through one or more online learning experiences, this way the teacher can devote more time to guiding the students and less time to prepare lessons and the same I have done.

Our activities reinforce important skills such as critical thinking and decision making. Self-exploration makes it unavoidable for learners to enhance their critical thinking and decision making skills as from the plethora of information offered which I have used to guide the students it boosts learners motivation and performance which is very important for any activity it creates a strong sense of community through peer to peer interaction this year we did online debates. Online debates reveal the complexity of issues and help learners understand that polarized, black and white thinking is rarely, if ever, the right way to resolve a dilemma, instead, it stunts progressive thought it is very much clear that the power in learning is in the action of doing the activity.

How many times have you heard children say, "I am bored?" No matter how young or old they are, kids are always eager to do something new and interesting. If you are constantly on the lookout for ideas that will not only keep the young minds occupied but you will also be beneficial for them. Teaching does not need to be limited to text books and blackboard. We can mold our students growth with various kinds of activities.

This year I did activities with different modes like Youtube, Facebook, online debates, drawing, singing etc. That's why I have said in starting that this year was full of learning being DSA.

RENU SINGH

MATHEMATICS TEACHER



## TEACHER OF THE MONTH

January - Ms Chanda Rathore





# Student's Corner

## RIDDLES

**Riddle:** I have lakes with no water, mountains with no stone and cities with no buildings. What am I?

**Answer:** A map

**Riddle:** What breaks yet never falls, and what falls yet never breaks?

**Answer:** Day, and night

**Riddle:** I am always hungry and will die if not fed, but whatever I touch will soon turn red. What am I?

**Answer:** Fire

**Riddle:** Speaking of rivers, a man calls his dog from the opposite side of the river. The dog crosses the river without getting wet, and without using a bridge or boat. How?

**Answer:** The river was frozen.

What is 3/7 chicken, 2/3 cat and 2/4 goat?

**Answer:** Chicago

**Riddle:** I am a word of letters three; add two and fewer there will be. What word am I?

**Answer:** Few

## WORDS OF THE MONTH

1. **Bellicose** : aggressive, hostile  
Use : His bellicose personality made us lose the deal.

2. **Lacuna** : a blank space or a missing part.  
Use : The story's plot was missing, creating a lacuna in the middle of the text.

3. **Effervescent** : vivacious and enthusiastic.  
Use : Her effervescent personality was the center of the party.

4. **Leal** : faithful and honest  
Use : She was leal to the core of her heart.

5. **Laconic** : using very few words.  
Use : His laconic poetry had deep meanings.



## FIND THE 5 DIFFERENCES